

You have to leave the city of your comfort and go into the wilderness of your intuition. What you'll discover will be wonderful. What you'll discover is yourself.

~Alan Alda

Enneagram, you and your team

Discover your personality style, how it works for you and why you do what you do when interacting with others

~ perfect for team days or for individual curiosity

Mitchell Personnel Solutions

Programme Outline:

This one day program introduces Enneagram and the nine distinct personality types. Upon completion of this program you will have a clear understanding of your personality number, and what it means.

Finding out your Enneagram number and what it means, is an exciting way to gain a better insight into your own particular style of thinking, communicating, and working with others. You will be able to use your knowledge to work better and smarter within your own team, and managers will be able to create more effective and harmonious teams.

Understanding your strengths, and the ability to build on your weaknesses will give you a leading edge in becoming a more efficient individual and team player.

You will learn about:

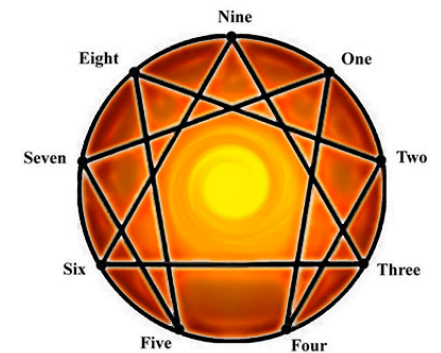
- The 9 Enneagram styles
- What is your number?
- Using Enneagram in teams
- Using Enneagram in a personal approach
- Understanding how miscommunication happens

Exploring your own personality type, you will discover:

- Why arguments can go around and around and around in circles!
- Why others don't 'get your ideas'!
- Why some tasks are easier than others for you.
- Why we can think and act so differently!

This program is a must for anyone wanting to discover and take advantage of what makes them unique and develop themselves as a strong, self-aware business professional

exceeding expectations



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