

“There is a vitality, a life force, an energy, a quickening that is translated through you into action, and because there is only one of you in all time, this expression is unique. And if you block it, it will never exist through any other medium and will be lost.”

Martha Graham

www.mpsolutions.com.au

T. 02 6162 0602

Your Professional Identity™

Your thinking, personality, and communication style and how to make it work for you and your company!

Mitchell Personnel Solutions

Programme Outline:

This two day programme uses the following self-assessment tools to allow you to discover your own unique Professional Identity™:

- Enneagram
- Communication Styles Assessment

You will complete the profile questionnaires prior to the workshop so your unique profile is available upon commencement of the program. Upon completion of this program you will gain a better insight into your own particular style of thinking, communicating, and working with others. You will be able to use your knowledge to work better and smarter within your own team, and managers will be able to create more effective and harmonious teams. Your Professional Identity™ will help you take advantage of your strengths and build on your weaknesses. You will also gain a better understanding of others and what makes them unique.

You will learn about:

- Thinking style dominance, how our brain works and why we all think differently
- Strengths and weaknesses of each style
- The 9 Enneagram styles
- Using Enneagram in teams
- The four communication styles and how miscommunication happens

Exploring your own profile, you will discover:

- Why arguments can go around and around and around in circles!
- Why others don't 'get your ideas'!
- Why some tasks are easier than others for you.
- Why, when under pressure, we can think and act sooooo differently!

This program is a must for anyone wanting to discover and take advantage of what makes them unique and develop themselves as a strong, self-aware business professional

exceeding expectations



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