



FOCUS Session

Positive Parenting

Discover the way to truly listen to a child's feelings and learn effective strategies in becoming a positive role model in a young person's life.

MPS

training

exceeding expectations

During this session you will explore actions to assist you in setting up new and exciting techniques that will modify your parenting skills in an instant! These include:

- Listening attentively and responsively so your child feels valued and loved
- Exploring your child's interests and concerns through reflective listening techniques
- Using a respectful communication style to become a more positive role model
- Discovering vital ways to always be accessible to a child; this will make them feel respected and in turn they will initiate a meaningful conversation with you

By adapting your parenting style using these tips and techniques, you will be astounded at how fast your relationship with your child grows and improves. This insight into communication with children has the ability to, not only positively change your life but that of your child's.

LEARNING OUTCOMES

MPS Training Focus Sessions are designed for optimal discussion and interaction. Our trainers use current effective facilitation techniques to ensure all learning styles and thinking preferences are addressed to ensure every unique learner achieves the key learning outcomes:

- Using the art of reflective and active listening
- Identifying 'Roadblocks to Communication' (Gordon 1970) and using strategies to overcome these in everyday life
- Creating an environment where 'play' can take your child from a negative to a positive state of mind
- Redirecting your negative emotions, to turn them into a positive and evaluating the outcome for continual improvement.

\$132 per person (GST inclusive)

Includes all training materials

VENUE:

MPS Training Centre
Unit 9/141 Flemington Road Mitchell,
ACT

Check our website for course dates

Book now!

Contact our friendly MPS Training staff today, but be quick as seats are limited!

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