



# Learning in a Nutshell

## 1 HOUR POWER LEARNING SEMINARS

### Dealing with Children's Challenging Behaviours

**Are you getting frustrated with your child's anti-social behaviour? How you react to them can have a lasting effect on your child. Learn some fun and entertaining strategies you can easily put in place to assist your child progress through these challenging behaviours.**

This seminar is designed for carers of children aged 2 to 10 years. It will introduce you to strategies for curbing anti-social behaviours, setting boundaries and guidelines and knowing what you should be expecting of your young person, through their different stages of development. Are your expectations realistic? ...Come along and see! Topics include:

- Showing your child how to positively play and interact with other children
- Encouraging your child to be assertive and confident
- The need and importance of positive reinforcement in a child's life
- Redirecting negative anti-social behaviour
- Clear directive ways to establish behavioural guidelines and boundaries

Your child does not need 'fixing' as they are not 'broken' (Gowen & Nebrig 2002). They simply need to be responded to sensitively with your guidance and acceptance using both non-verbal and verbal techniques.

#### VENUE:

MPS Training Centre

Unit 9/141 Flemington Road  
Mitchell, ACT

*Check our website for course dates*

**MPS** | training

*exceeding expectations*

### Book now!

Contact our friendly MPS Training staff today, but be quick as seats are limited!

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**\$55 per person, OR... bring a friend and pay only \$44 each!!!!**