



Learning in a Nutshell

1 HOUR POWER LEARNING SEMINARS

MIND POWER: Change Your Life by Changing your Mind

How you think affects everything in your life. The art of effective thinking comes through controlling your mind. Controlling your mind leads to changing your life... for the better!

This seminar is designed to help you gain control over your mind. It deals with:

- Controlling day-dreaming to prevent procrastination
- Putting a stop to negative thought patterns
- Fine-tuning your focus in order to make things happen
- Beating indecision.

Success comes through focus, discipline and effective thought. A mind is a powerful thing but without a good driver it may never reach its full potential.

VENUE:

MPS Training Centre
Unit 9/141 Flemington Road
Mitchell, ACT

Check our website for course dates

MPS

training

exceeding expectations

Book now!

Contact our friendly MPS Training staff today, but be quick as seats are limited!

Ph | 02 6123 0500 E | training@mpsolutions.com.au W | www.mpsolutions.com.au

\$55 per person, OR... bring a friend and pay only **\$44 each!!!!**